USO Guam | Matson | Pacific Daily News PART OF THE USA TODAY NETWORK | UNITED AIRLINES | Celebrating 50 years in Guam

ROCK AND RUN FOR OUR HEROES



5K Run/Walk

Saturday, December 8, 2018

Skinner Plaza/Guam Museum in Hagåtña

Show 0500; Go 0600

Register at USO Tumon, USO Andersen, and Hornet Sports.

2 GRAND PRIZE DRAWINGS EACH WINS A TRIP TO ASIA OR MICRONESIA COURTESY OF UNITED AIRLINES!

FINISHERS

- First 1,000 finishers receive a dri-fit t-shirt
- Top 3 finishers in each division and fastest male and female

ENTERTAINMENT

- 3 DJs along the course

ENTRY FEES

Cash or Check only
(make payable to Guam USO)

Pre-race Day Only

- ☐ $15 Individual
- ☐ $40 Group (up to 4)
- ☐ $10 Student with valid ID
- ☐ Paid in Cash
- ☐ Paid in Check #_____

Race Day

- ☐ $20 Individual

Bib #_____

DIVISIONS

Age	Male	Female
Youth 13 & under	☐	☐
Junior 14-19	☐	☐
Open 20-29	☐	☐
Submaster 30-39	☐	☐
Master 40-49	☐	☐
Senior 50-59	☐	☐
Grandmaster 60+	☐	☐
Man'amko 70+	☐	☐

Branch of Military Service _____

ALL RUNNERS MUST READ AND SIGN.

I know that participating in the "USO Rock and Run for our Heroes" 5K Run/Walk is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release the "USO Rock and Run for our Heroes" Race Director, USO, all sponsors, their representatives and successors for all claims or liabilities grant my permission to all the foregoing to use any photographs, motion picture recordings, or any other record of this event for any legitimate purpose.

Full Name of Participant: _____

Signature: _____ Date: _____

(Parent/Guardian Signature required if participant is under 18 years old)

Thank you for supporting our military service members and families!

Register at USO Tumon, USO Andersen, and Hornet Sports.

USO Rock and Run for our Heroes – Registration Receipt

Name: _____ Date: _____

Payment Received: $ _____ Race Bib #: _____